**Obstructive Sleep Apnea Treatment, Mandibular Positioning Device**

**CPT/HCPCS Codes**

E0485, E0486, S8262,

**CRITERIA**

**MUST MEET ALL OF THE FOLLOWING:**

1. The individual has documented mild, moderate or severe Obstructive Sleep Apnea (OSA).
2. The individual has failed a trial of CPAP, or is intolerant of CPAP.
3. Within the past six months, the individual has been seen and evaluated by a Sleep Medicine physician.
4. The individual has no history of significant TMJ pain.
5. In an individual with hypoxemia, sub-specialist documentation (e.g., from the cardiologist, pulmonologist, sleep medicine physician, etc.) supports the use of the device.

\(^1\)Sleep Medicine physicians should be board eligible or board certified by the American Board of Sleep Medicine. Diplomates of the American Board of Dental Sleep Medicine do not meet this requirement.

**DEFINITIONS**

**OSA:** Obstructive Sleep Apnea

**AHI:** Apnea/Hypopnea Index

**RDI:** Respiratory Disturbance Index – Includes apneas, hypopneas and other events that disturb sleep (e.g., RERAs, Respiratory Effort Related Arousals). In the older literature was used interchangeably with AHI, but in current sleep studies is a separate calculation.

**Mild OSA:** AHI of 5-14.9

**Moderate OSA:** AHI of 15-30

**Severe OSA:** AHI >30

**REFERENCES**

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Review History

05/10/00, 03/14/01, 01/09/02, 03/12/03, 03/10/04, 04/13/05, 10/11/06, 04/11/07, 10/29/08, 10/14/09, 11/10/10, 11/09/11, 12/05/12, 12/31/13, 12/03/14, 12/09/15