ConnectiCare

Reimbursement Policy:

Nutritional Counseling Services

(Commercial)

Policy criteria are not applicable to Exchange Plans for dates of service on or after January 1, 2026.

POLICY NUMBER	EFFECTIVE DATE:	APPROVED BY
RP20250025	1/01/2026	**RPC (Reimbursement Policy Committee)**

Reimbursement Guideline Disclaimer: We have policies in place that reflect billing or claims payment processes unique to our health plans. Current billing and claims payment policies apply to all our products, unless otherwise noted. ConnectiCare will inform you of new policies or changes in policies through postings to the applicable Reimbursement Policies webpage on connecticare.com. Further, we may announce additions and changes in our provider manual and/or provider newsletters which are available online and emailed to those with a current and accurate email address on file. The information presented in this policy is accurate and current as of the date of this publication.

The information provided in ConnectiCare's policies is intended to serve only as a general reference resource for services described and is not intended to address every aspect of a reimbursement situation. Other factors affecting reimbursement may supplement, modify or, in some cases, supersede this policy. These factors may include, but are not limited to, legislative mandates, physician or other provider contracts, the member's benefit coverage documents and/or other reimbursement, and medical or drug policies. Finally, this policy may not be implemented the same way on the different electronic claims processing systems in use due to programming or other constraints; however, ConnectiCare strives to minimize these variations.

ConnectiCare follows coding edits that are based on industry sources, including, but not limited to, CPT® guidelines from the American Medical Association, specialty organizations, and CMS including NCCI and MUE. In coding scenarios where there appears to be conflicts between sources, we will apply the edits we determine are appropriate. ConnectiCare uses industry-standard claims editing software products when making decisions about appropriate claim editing practices. Upon request, we will provide an explanation of how we handle specific coding issues. If appropriate coding/billing guidelines or current reimbursement policies are not followed, ConnectiCare may deny the claim and/or recoup claim payment.

Overview:

Medical Nutrition Therapy involves the assessment of an individual's overall nutritional status followed by an individualized course of treatment to prevent or treat medical illness. Nutritional counseling considers many factors including a person's food intake, physical activity, course of any medical therapy including medications and other treatments, and individual preferences.

Policy Statement:

This policy outlines when nutritional counseling services are considered reimbursable. Benefits and frequency limitations apply and may vary between plans/contracts. *Please refer to the appropriate Membership Agreement or Evidence of Coverage for applicable coverage/benefits.*

Reimbursement Guidelines:

ConnectiCare will consider payment for nutritional counseling when furnished by a qualified provider as a necessary therapeutic component in disease management when dietary strategy and intervention are known to positively impact clinical outcomes. ConnectiCare will consider reimbursement if the requirements outlined in this policy are met.

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Applicable Codes:

The following procedure codes are eligible for reimbursement, if a covered benefit, when reported with one of the diagnosis codes listed in the Allowable ICD-10 codes table:

CPT / HCPC	Description/ Type
97802	Medical nutrition therapy; initial assessment and intervention, individual face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97804	Medical nutrition therapy; group (2 or more individual(s) each 30 minutes
98960	Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; individual patient
98961	Education and training for patient self-management by a qualified, non-physician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; 2-4 patients
98962	Education and training for patient self-management by a qualified, non-physician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; 5-8 patients
99078	Physician or other qualified health care professional qualified by education, training, licensure/regulation (when applicable) educational services rendered to patients in a group setting (eg, prenatal, obesity, or diabetic instructions)

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Applicable ICD-10 Codes:

The procedure codes listed above are eligible for reimbursement, if a covered benefit, when reported with one of the diagnosis codes listed below:

ICD-10 Codes									
B25.1	B25.2	B52.0	E08.00	E08.01	E08.10	E08.11	E08.21	E08.22	E08.29
E08.311	E08.319	E08.3211	E08.3212	E08.3213	E08.3219	E08.3291	E08.3292	E08.3293	E08.3299
E08.3311	E08.3312	E08.3313	E08.3319	E08.3391	E08.3392	E08.3393	E08.3399	E08.3411	E08.3412
E08.3413	E08.3419	E08.3491	E08.3492	E08.3493	E08.3499	E08.3511	E08.3512	E08.3513	E08.3519
E08.3521	E08.3522	E08.3523	E08.3529	E08.3531	E08.3532	E08.3533	E08.3539	E08.3541	E08.3542
E08.3543	E08.3549	E08.3551	E08.3552	E08.3553	E08.3559	E08.3591	E08.3592	E08.3593	E08.3599
E08.36	E08.37X1	E08.37X2	E08.37X3	E08.37X9	E08.39	E08.40	E08.41	E08.42	E08.43
E08.44	E08.49	E08.51	E08.52	E08.59	E08.610	E08.618	E08.620	E08.621	E08.622
E08.628	E08.630	E08.638	E08.641	E08.649	E08.65	E08.69	E08.8	E08.9	E09.00
E09.01	E09.10	E09.11	E09.21	E09.22	E09.29	E09.311	E09.319	E09.3211	E09.3212
E09.3213	E09.3219	E09.3291	E09.3292	E09.3293	E09.3299	E09.3311	E09.3312	E09.3313	E09.3319
E09.3391	E09.3392	E09.3393	E09.3399	E09.3411	E09.3412	E09.3413	E09.3419	E09.3491	E09.3492
E09.3493	E09.3499	E09.3511	E09.3512	E09.3513	E09.3519	E09.3521	E09.3522	E09.3523	E09.3529
E09.3531	E09.3532	E09.3533	E09.3539	E09.3541	E09.3542	E09.3543	E09.3549	E09.3551	E09.3552
E09.3553	E09.3559	E09.3591	E09.3592	E09.3593	E09.3599	E09.36	E09.37X1	E09.37X2	E09.37X3
E09.37X9	E09.39	E09.40	E09.41	E09.42	E09.43	E09.44	E09.49	E09.51	E09.52
E09.59	E09.610	E09.618	E09.620	E09.621	E09.622	E09.628	E09.630	E09.638	E09.641
E09.649	E09.65	E09.69	E09.8	E09.9	E10.10	E10.11	E10.21	E10.22	E10.29
E10.311	E10.319	E10.3211	E10.3212	E10.3213	E10.3219	E10.3291	E10.3292	E10.3293	E10.3299
E10.3311	E10.3312	E10.3313	E10.3319	E10.3391	E10.3392	E10.3393	E10.3399	E10.3411	E10.3412
E10.3413	E10.3419	E10.3491	E10.3492	E10.3493	E10.3499	E10.3511	E10.3512	E10.3513	E10.3519
E10.3521	E10.3522	E10.3523	E10.3529	E10.3531	E10.3532	E10.3533	E10.3539	E10.3541	E10.3542
E10.3543	E10.3549	E10.3551	E10.3552	E10.3553	E10.3559	E10.3591	E10.3592	E10.3593	E10.3599
E10.36	E10.37X1	E10.37X2	E10.37X3	E10.37X9	E10.39	E10.40	E10.41	E10.42	E10.43
E10.44	E10.49	E10.51	E10.52	E10.59	E10.610	E10.618	E10.620	E10.621	E10.622
E10.628	E10.630	E10.638	E10.641	E10.649	E10.65	E10.69	E10.8	E10.9	E11.00
E11.01	E11.10	E11.11	E11.21	E11.22	E11.29	E11.311	E11.319	E11.3211	E11.3212
E11.3213	E11.3219	E11.3291	E11.3292	E11.3293	E11.3299	E11.3311	E11.3312	E11.3313	E11.3319
E11.3391	E11.3392	E11.3393	E11.3399	E11.3411	E11.3412	E11.3413	E11.3419	E11.3491	E11.3492

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E11.3493	E11.3499	E11.3511	E11.3512	E11.3513	E11.3519	E11.3521	E11.3522	E11.3523	E11.3529
E11.3531	E11.3532	E11.3533	E11.3539	E11.3541	E11.3542	E11.3543	E11.3549	E11.3551	E11.3552
E11.3553	E11.3559	E11.3591	E11.3592	E11.3593	E11.3599	E11.36	E11.37X1	E11.37X2	E11.37X3
E11.37X9	E11.39	E11.40	E11.41	E11.42	E11.43	E11.44	E11.49	E11.51	E11.52
E11.59	E11.610	E11.618	E11.620	E11.621	E11.622	E11.628	E11.630	E11.638	E11.641
E11.649	E11.65	E11.69	E11.8	E11.9	E11.A	E13.00	E13.01	E13.10	E13.11
E13.21	E13.22	E13.29	E13.311	E13.319	E13.3211	E13.3212	E13.3213	E13.3219	E13.3291
E13.3292	E13.3293	E13.3299	E13.3311	E13.3312	E13.3313	E13.3319	E13.3391	E13.3392	E13.3393
E13.3399	E13.3411	E13.3412	E13.3413	E13.3419	E13.3491	E13.3492	E13.3493	E13.3499	E13.3511
E13.3512	E13.3513	E13.3519	E13.3521	E13.3522	E13.3523	E13.3529	E13.3531	E13.3532	E13.3533
E13.3539	E13.3541	E13.3542	E13.3543	E13.3549	E13.3551	E13.3552	E13.3553	E13.3559	E13.3591
E13.3592	E13.3593	E13.3599	E13.36	E13.37X1	E13.37X2	E13.37X3	E13.37X9	E13.39	E13.40
E13.41	E13.42	E13.43	E13.44	E13.49	E13.51	E13.52	E13.59	E13.610	E13.618
E13.620	E13.621	E13.622	E13.628	E13.630	E13.638	E13.641	E13.649	E13.65	E13.69
E13.8	E13.9	E41	E43	E44.0	E44.1	E45	E46	E64.0	E66.01
E66.09	E66.1	E66.2	E66.3	E66.8	E66.9	E78.00	E78.010	E78.011	E78.1
E78.2	E78.3	E78.41	E78.49	E78.5	E83.110	E83.39	F50.00	F50.01	F50.02
F50.2	F50.81	F50.82	F50.89	F50.9	F98.21	F98.29	F98.3	I10	I11.0
I11.9	I12.0	I12.9	I13.0	I13.10	I13.11	I13.2	I15.0	I15.1	I15.2
I15.8	I15.9	I25.10	I25.110	I25.111	I25.118	I25.119	I25.700	I25.701	I25.708
I25.709	I25.710	I25.711	I25.718	I25.719	I25.720	I25.721	I25.728	I25.729	I25.730
I25.731	I25.738	I25.739	I25.750	I25.751	I25.758	I25.759	I25.760	I25.761	I25.768
I25.769	I25.790	I25.791	I25.798	I25.799	I25.810	I25.811	I25.812	I25.82	I25.83
I25.84	K50.00	K50.011	K50.012	K50.013	K50.014	K50.018	K50.019	K50.10	K50.111
K50.112	K50.113	K50.114	K50.118	K50.119	K50.80	K50.811	K50.812	K50.813	K50.814
K50.818	K50.819	K50.90	K50.911	K50.912	K50.913	K50.914	K50.918	K50.919	K51.00
K51.011	K51.012	K51.013	K51.014	K51.018	K51.019	K51.20	K51.211	K51.212	K51.213
K51.214	K51.218	K51.219	K51.30	K51.311	K51.312	K51.313	K51.314	K51.318	K51.319
K51.40	K51.411	K51.412	K51.413	K51.414	K51.418	K51.419	K51.50	K51.511	K51.512
K51.513	K51.514	K51.518	K51.519	K51.80	K51.811	K51.812	K51.813	K51.814	K51.818
K51.819	K51.90	K51.911	K51.912	K51.913	K51.914	K51.918	K51.919	K52.0	K52.21
K52.22	K52.29	K52.3	K52.81	K52.82	K52.831	K52.832	K52.838	K52.839	K52.89
K52.9	K57.00	K57.01	K57.10	K57.11	K57.12	K57.13	K57.20	K57.21	K57.30
K57.31	K57.32	K57.33	K57.40	K57.41	K57.50	K57.51	K57.52	K57.53	K57.80
K57.81	K57.90	K57.91	K57.92	K57.93	K58.0	K58.1	K58.2	K58.8	K58.9

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K59.00	K59.01	K59.02	K59.03	K59.04	K59.09	K59.1	K59.2	K59.31	K59.39
K59.8	K59.9	K63.9	K75.2	K75.3	K75.4	K75.81	K75.89	K75.9	K76.89
K76.9	K77	K81.1	K81.9	K82.4	K82.8	K82.9	K83.8	K83.9	K85.00
K85.01	K85.02	K85.10	K85.11	K85.12	K85.20	K85.21	K85.22	K85.30	K85.31
K85.32	K85.80	K85.81	K85.82	K85.90	K85.91	K85.92	K86.0	K86.1	K86.81
K86.89	K86.9	K87	K90.0	K90.1	K90.2	K90.3	K90.41	K90.49	K90.89
K90.9	K91.1	K91.2	K91.30	K91.31	K91.32	K91.5	M32.14	M32.15	M35.04
N00.0	N00.1	N00.2	N00.3	N00.4	N00.5	N00.6	N00.7	N00.8	N00.9
N00.A	N00.B1	N00.B2	N01.0	N01.1	N01.2	N01.3	N01.4	N01.5	N01.6
N01.7	N01.8	N01.9	N03.0	N03.1	N03.2	N03.3	N03.4	N03.5	N03.6
N03.7	N03.8	N03.9	N04.0	N04.1	N04.20	N04.21	N04.22	N04.29	N04.3
N04.4	N04.5	N04.6	N04.7	N04.8	N04.9	N04.A	N04.B1	N04.B2	N05.0
N05.1	N05.2	N05.3	N05.4	N05.5	N05.6	N05.7	N05.8	N05.9	N06.0
N06.1	N06.2	N06.3	N06.4	N06.5	N06.6	N06.7	N06.8	N06.9	N07.0
N07.1	N07.2	N07.3	N07.4	N07.5	N07.6	N07.7	N07.8	N07.9	N08
N10	N11.8	N11.9	N12	N14.1	N14.2	N14.3	N14.4	N15.0	N15.8
N15.9	N16	N17.0	N17.1	N17.2	N17.8	N17.9	N18.1	N18.2	N18.3
N18.31	N18.32	N18.4	N18.5	N18.6	N18.9	N19	N25.9	N26.1	N26.2
N26.9	O10.011	O10.012	O10.013	O10.019	O10.02	O10.03	O10.111	O10.112	O10.113
O10.119	O10.12	O10.13	O10.211	O10.212	O10.213	O10.219	O10.22	O10.23	O10.311
O10.312	O10.313	O10.319	O10.32	O10.33	O10.411	O10.412	O10.413	O10.419	O10.42
O10.43	O10.911	O10.912	O10.913	O10.919	O10.92	O10.93	O11.1	O11.2	O11.3
O11.4	O11.5	O11.9	O12.10	O12.11	O12.12	O12.13	O12.14	O12.15	O12.20
O12.21	O12.22	O12.23	O12.24	O12.25	O13.1	O13.2	O13.3	O13.4	O13.5
O13.9	O14.00	O14.02	O14.03	O14.04	O14.05	O14.10	O14.12	O14.13	O14.14
O14.15	O14.20	O14.22	O14.23	O14.24	O14.25	O14.90	O14.92	O14.93	O14.94
O14.95	O15.00	O15.02	O15.03	O15.1	O15.2	O15.9	O16.1	O16.2	O16.3
O16.4	O16.5	O16.9	O24.011	O24.012	O24.013	O24.019	O24.02	O24.03	O24.111
O24.112	O24.113	O24.119	O24.12	O24.13	O24.311	O24.312	O24.313	O24.319	O24.32
O24.33	O24.410	O24.414	O24.415	O24.419	O24.420	O24.424	O24.425	O24.429	O24.430
O24.434	O24.435	O24.439	O24.811	O24.812	O24.813	O24.819	O24.82	O24.83	O24.911
O24.912	O24.913	O24.919	O24.92	O24.93	O26.831	O26.832	O26.833	O26.839	O90.89
O99.810	O99.814	O99.815	P70.0	P70.1	P70.2	Q43.1	Q43.2	Q61.19	Q61.2
Q61.3	Q61.5	Q61.8	Q61.9	R11.10	R11.11	R31.0	R31.1	R31.21	R31.29
R31.9	R62.0	R62.50	R62.51	R62.52	R63.0	R63.3	R63.4	R63.5	R63.6

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ICD-10 Codes									
R73.03	R73.09	R80.2	Z48.22	Z68.30	Z68.31	Z68.32	Z68.33	Z68.34	Z68.35
Z68.36	Z68.37	Z68.38	Z68.39	Z68.41	Z68.42	Z68.43	Z68.44	Z68.45	Z68.52
Z68.53	Z68.54	Z71.3	Z71.82	Z71.83	Z72.4	Z82.49	Z86.32	Z91.010	Z91.0110
Z91.0111	Z91.0112	Z91.0120	Z91.0121	Z91.0122	Z91.013	Z91.018	Z91.02		

References

- American Medical Association.
- Healthcare Common Procedure Coding System.
- Medicare's National Level II Codes HCPCS.
- Centers for Medicare and Medicaid Services, CMS Manual System and other CMS publications and services
- S.3297 - 118th Congress (2023-2024): Medical Nutrition Therapy Act of 2023, Congress.gov, Library of Congress, https://www.congress.gov/bill/118th-congress/senate-bill/3297

Revision history

DATE	REVISION
3/26/2026	• Added the following new ICD-10 codes to the Applicable ICD-10 Codes table, **effective 10/1/2025:** ○ E11.A, E78.010, E78.011, E78.019, N00.A, N00.B1, N00.B2, N04.20, N04.21, N04.22, N04.29, N04.A, N04.B1, N04.B2, Z91.0110, Z91.0111, Z91.0112, Z91.0120, Z91.0121, Z91.0122
9/2025	• New Policy effective 1/01/2026