



# Touchpoint

Important information for ConnectiCare members

May 2026

## Join ConnectiCare in the community



**Yoga In Our City** has daily classes May – October in local city parks. Classes are no cost and open to everyone, regardless of age or skill level. **Check out the full schedule** as it becomes available.



Join us for an exciting day of music, food, entertainment, and community at the **11th Annual Hartford Latin Fest** on Saturday, July 18, from 12 noon to 7 p.m. at Dunkin' Park! Experience the rich traditions and dynamic spirit of Connecticut's Latino communities. ConnectiCare is a proud sponsor — stop by and see us!



May is Mental Health Awareness Month. In celebration, Mental Health Connecticut (MHC) launches the **Let's Face It** movement aimed at breaking down the barriers surrounding mental health. ConnectiCare returns as the presenting sponsor of Let's Face It, continuing our commitment to expanding access to mental health resources and supporting the wellbeing of communities across Connecticut.



*Celebrity Chef Tyler Anderson and ConnectiCare staff volunteer with the Healing Meals Community Project Cookathon to provide meals for residents facing a health crisis on March 30, 2026.*

## Use your online member account

Your online member account is a powerful tool that puts you in control of your health coverage. You can get your ID card, choose or change your provider, view billing information, make payment, check your benefit coverage and much more.

If you are a Marketplace (on and off exchange) plan member or a Medicare plan member, go to **member.connecticare.com**.

If you are a Commercial (employer group) plan member, go to **my.connecticare.com**.

## Let your voice be heard

Plan to attend the ConnectiCare Medicare Member Advisory Council Meeting at the **Manchester Center** on **Thurs., June 4**, at 9:30 a.m. Share your feedback with us. This advisory council is open to all ConnectiCare Medicare Advantage members. Light refreshments will be served. Please confirm your attendance by calling the ConnectiCare center at **877-523-6837**.




## Pay your Medicare Advantage premium in person

ConnectiCare Medicare Advantage members can now make premium payments in person. Just bring a check to one of our centers and our friendly associates will assist you.

Visit us at either:

 **175 Scott Swamp Road,  
Farmington, CT 06032**

 **1487 Pleasant Valley Road,  
Manchester, CT 06042**

If you prefer, you can mail your check to:

**ConnectiCare  
PO Box 515189  
Los Angeles, CA 90051-5189**

Or set up an automatic deduction from a checking or savings account or from Social Security by completing **this form**.

## ConnectiCare celebrates 45 years of service

Beginning this month, ConnectiCare celebrates 45 years of making a difference in the lives of Connecticut residents. We will commemorate this milestone anniversary all year by honoring our tradition of giving back to the community. In addition to providing financial support to organizations focused on food security and mental health, ConnectiCare employees will be volunteering across the state to help the people of Connecticut.



*ConnectiCare was proud to sponsor and participate in Connecticut's Foodshare Walk Against Hunger, helping to raise more than \$500,000 to support the fight against food insecurity across the state on April 25, 2026.*