

Commercial/Healthcare Exchange Step Criteria
Effective: January 1, 2021

Step Therapy Name: Sedative Hypnotics

Step 1 Agent(s): zolpidem tartrate tablet, zaleplon capsule, estazolam, eszopiclone, flurazepam, triazolam

Step 2 Agent(s): quazepam 15mg tablet, Doral 15mg tablet, zolpidem tartrate capsule

Medication/Class Description:

Quazepam, like other central nervous system agents of the 14-benzodiazepine class, presumably exerts its effects by binding to stereo-specific receptors at several sites within the central nervous system (CNS)

Required Medical Information:

1. Previous therapies tried/failed

Age Restrictions: 18 years of age and older

Prescriber Restrictions: N/A

Coverage Duration: 12 months

Exceptions for Stepped Medications

- A. Patient has had a trial and failure of TWO Step 1 agents, defined as
 - a. Failure to control symptoms; **OR**
- B. Patient has an intolerance or contraindication to TWO Step 1 agents, defined as (but not limited to):
 - a. Allergic reaction
 - b. Adverse drug reactions

References:

1. Doral tablets [prescribing information]. Libertyville, IL 60048: A-S Medication Solutions; Revised: 12/2014.

Policy Revision history

Rev #	Type of Change	Summary of Change	Sections Affected	Date
1	New Policy	New Policy	All	1/1/2021
2	Update	Added Zolpidem capsules to Step 2 products	Step 1	7/24/2023