

Commercial/Healthcare Exchange PA Criteria

Effective: June 2009

Prior Authorization: Nuvigil

Products Affected: Nuvigil (armodafinil) oral tablet

Medication Description:

Armodafinil, an alpha1-adrenoceptor agonist, is the R enantiomer of modafinil. The exact mechanism that armodafinil produces wakefulness is unknown. The wake-promoting actions of armodafinil are similar to that of sympathomimetic amines despite differences in their pharmacologic profiles.

Covered Uses: Improve wakefulness in adult patients with excessive sleepiness associated with obstructive sleep apnea (OSA), narcolepsy, or shift work disorder (SWD).

Exclusion Criteria:

1. Treatment for the underlying obstruction in obstructive sleep apnea (OSA)

Required Medical Information:

1. Diagnosis
2. Epworth Sleepiness Scale (ESS) score (OSA)
3. CPAP use (OSA)

Age Restrictions: 18 years of age and older

Prescriber Restrictions: N/A

Coverage Duration: 12 months

Other Criteria:

Excessive sleepiness associated with narcolepsy

- A. Diagnosis of narcolepsy is supported by a sleep study [documentation required].

Excessive sleepiness associated with obstructive sleep apnea (OSA)

- A. Diagnosis of obstructive sleep apnea is supported by a sleep study [documentation required]; **AND**
- B. Presence of residual excessive sleepiness defined as an Epworth Sleepiness Scale (ESS) score of greater than or equal to 10; **AND**
- C. Patient has been on CPAP for at least 2 months and is using it on average greater than or equal to 4 hours per night.

Excessive sleepiness associated with shift work disorder (SWD):

- A. Patient is experiencing excessive sleepiness and working a minimum of five (or more) overnight shifts per month. [Documentation of current work schedule is required.]

References:

1. Nuvigil full prescribing information. Frazer, PA. Cephalon Inc.

Policy Revision history

Rev #	Type of Change	Summary of Change	Sections Affected	Date
1	New Policy	New Policy	All	06/2009
2	Update	Moved to updated template Coverage Duration updated to 12 months Removal of Prescriber Restriction	All	02/03/2020
3	Annual Review	Under Required Medical Information Section: Removed requirement of Previous medication history and medical history. Specified requirement for ESS Score and CPAP use for OSA	Required Medical Information	6/30/2020

