

Commercial/Healthcare Exchange Step Criteria

Effective: December 2006

Step Therapy Name: Nasal Steroids

Step 1 Agent(s): flunisolide nasal spray, mometasone furoate nasal spray, Veramyst (fluticasone furoate) nasal spray

Step 2 Agent(s): Beconase AQ, Omnaris, Qnasl, Zetonna

Medication/Class Description:

All of the nasal corticosteroids are Food and Drug Administration (FDA)-approved for the treatment of symptoms of seasonal allergic rhinitis (SAR) and perennial allergic rhinitis (PAR). No clinical studies directly compare all of the agents in this class. In the absence of more comprehensive data, single comparison clinical trials must suffice to give a general indication of the comparability of these agents. Comparative clinical studies of the nasal anti-inflammatory agents suggest that, at equipotent doses, the intranasal corticosteroids have similar efficacy in the treatment of allergic rhinitis, and perhaps non-allergic rhinitis.

Required Medical Information:

1. History of previous nasal steroids therapy tried and failed

Age Restrictions:

Beconase AQ & Omnaris: 6 years of age and older

Qnasl: 4 years of age and older

Zetonna: 12 years of age and older

Prescriber Restrictions: N/A

Coverage Duration: 12 Months

Exceptions for Stepped Medications

- A. Patient has had a trial and failure of a Step 1 agent, defined as
 - a. Failure to decrease/improve symptoms; OR
- B. Patient has an intolerance or contraindication to a Step 1 agent, defined as (but not limited to):
 - a. Allergic reaction; OR
 - b. Adverse drug reactions.

References:

1. Beconase AQ Nasal Spray [package insert]. Research Triangle Park, NC: GlaxoSmithKline; April 2005.
2. Qnasl full prescribing information. Horsham, PA. Teva Respiratory.
3. Zetonna full prescribing information. Marlborough, MA, Sunovion Pharmaceuticals
4. Omnaris full prescribing information. Marlborough, MA, Sunovion Pharmaceuticals

Policy Revision history

| Rev # | Type of Change | Summary of Change | Sections Affected | Date |
|-------|----------------|--|-------------------|---------------|
| 1 | New Policy | New Policy | All | December 2006 |
| 2 | Update | <p>Moved to updated template</p> <p>Addition of age restrictions</p> <p>Criteria is updated to trial of one step agent</p> <p>CCI Revision Record: 5/07, 10/10, 4/12, 7/12, 9/12, 4/16, 11/16, 2/17, 1/18,2/20</p> | All | 3/12/2020 |