



ConnectiCare Choice Plan 2 (HMO) offered by ConnectiCare, Inc.

Annual Notice of Changes for 2023

You are currently enrolled as a member of ConnectiCare Choice Plan 2 (HMO). Next year, there will be changes to the plan's costs and benefits. ***Please see page 4 for a Summary of Important Costs, including Premium.***

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at connecticare.com/medicare. You can also review the separately mailed *Evidence of Coverage* to see if other benefit or cost changes affect you. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital)
 - Think about how much you will spend on premiums, deductibles, and cost sharing
- Check to see if your primary care doctors, specialists, hospitals and other providers will be in our network next year.
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. **CHOOSE:** Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in ConnectiCare Choice Plan 2 (HMO).
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with ConnectiCare Choice Plan 2 (HMO).
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Member Services number at **1-800-224-2273** for additional information. (TTY users should call **711**.) Hours are 8 am to 8 pm, 7 days a week.
- We can also provide information in a way that works for you (information in alternate formats). Please call Member Services at the number listed above if you need plan information in another format or language.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About ConnectiCare Choice Plan 2 (HMO)

- ConnectiCare, Inc. is an HMO/HMO-POS plan with a Medicare contract. Enrollment in ConnectiCare depends on contract renewal.
- When this document says “we,” “us,” or “our,” it means ConnectiCare, Inc. When it says “plan” or “our plan,” it means ConnectiCare Choice Plan 2 (HMO).

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Summary of Important Costs for 2023

The table below compares the 2022 costs and 2023 costs for ConnectiCare Choice Plan 2 (HMO) in several important areas. **Please note this is only a summary of costs.**

Cost	2022 (this year)	2023 (next year)
<p>Monthly plan premium</p> <p>(See Section 1.1 for details.)</p>	\$0	\$0
<p>Maximum out-of-pocket amount</p> <p>This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)</p>	\$6,000	\$6,000
<p>Doctor office visits</p>	<p><u>Primary care visits:</u> \$0 copayment per visit</p> <p><u>Specialist visits:</u> \$10 copayment per visit</p>	<p><u>Primary care visits:</u> \$0 copayment per visit</p> <p><u>Specialist visits:</u> \$10 copayment per visit</p>
<p>Inpatient hospital stays</p>	<p>Days 1-6: \$295 copay per day. \$0 copay per day for each additional day; for each inpatient stay.</p> <p>Unlimited days.</p> <p>Prior authorization is required.</p>	<p>Days 1-6: \$295 copay per day. \$0 copay per day for each additional day; for each inpatient stay.</p> <p>Unlimited days.</p> <p>Prior authorization is required.</p>

SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		
Optional Supplemental Dental	\$29 or \$39	Preventive and Comprehensive Dental included in your plan at no additional cost.

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay “out-of-pocket” for the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
Maximum out-of-pocket amount	\$6,000	\$6,000
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium does not count toward your maximum out-of-pocket amount.		Once you have paid \$6,000 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

Section 1.3 – Changes to the Provider Network

An updated *Provider Directory* is located on our website at connecticare.com/medicare. You may also call Member Services for updated provider information or to ask us to mail you a *Provider Directory*. **Please review the 2023 *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of providers for next year. **Please review the 2023 *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

Section 1.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
<p>Comprehensive Dental Services Some limitations apply, please refer to Chapter 4 of your Evidence of Coverage for additional details.</p>	<p>Dental Comprehensive services are not covered</p>	<p>You pay 20% of the total cost for Comprehensive dental services.</p> <ul style="list-style-type: none"> ● Restorations ● Diagnostics ● Non-routine <p>You pay 50% of the total cost for major dental services</p> <ul style="list-style-type: none"> ● Endodontics ● Periodontics ● Extractions ● Prosthodontics ● Oral Surgery ● Partial Dentures, Full Dentures <p>\$3,000 annual benefit limit</p>
<p>Emergency Care/Post Stabilization Services</p>	<p>You pay a \$90 copay for Medicare-covered emergency care/post stabilization services.</p> <p>Copay waived if admitted within 1 day.</p>	<p>You pay a \$95 copay for Medicare-covered emergency care/post stabilization services.</p> <p>Copay waived if admitted within 1 day.</p>
<p>Health and Wellness Education</p>	<p>Access to eMindful is not covered</p>	<p>Access to eMindful, an online portal with live and on-demand expert led program solutions to improve focus, manage stress and anxiety, and enhance overall well-being. Please login to my.wellsparkhealth.com for more information.</p> <p>This program is available at no additional cost.</p>

Cost	2022 (this year)	2023 (next year)
Intensive Cardiac Rehabilitation Services	You pay a \$100 copay for Medicare-covered intensive cardiac rehabilitation services.	You pay a \$60 copay for Medicare-covered intensive cardiac rehabilitation services.
Lab Services	<p>You pay a \$10 copay for lab services.</p> <p>Prior authorization is required.</p>	<p>You pay a \$0 copay for lab services provided at a physician's office or independent facility.</p> <p>You pay a \$10 copay for lab services provided at all other locations.</p> <p>Prior authorization is required.</p>
Optional Supplemental Dental Services	Available for an additional premium.	Both Preventive and Comprehensive Dental Services are included in your plan at no additional cost.
Over the Counter (OTC) Items	<p>Our plan will cover \$25 every month for Medicare-approved mail order only items.</p> <p>This amount does not roll-over month-to month and will expire at the end of each month.</p>	<p>Our plan will cover \$50 every month for Medicare-approved mail order only items.</p> <p>This amount does not roll-over month-to month and will expire at the end of each month.</p>
Skilled Nursing Facility (SNF) Care	<p>You pay a \$0 copay per day for Medicare-covered 1-20, \$184 copay per day for Medicare-covered 21-100; each benefit period.</p> <p>Prior authorization is required.</p>	<p>You pay a \$0 copay per day for Medicare-covered 1-20, \$196 copay per day for Medicare-covered 21-100; each benefit period.</p> <p>Prior authorization is required.</p>
Worldwide Emergency Services	<p>You pay a \$90 copay for Worldwide Emergency Services.</p> <p>\$50,000 annual limit combined with Worldwide Urgent Care and Worldwide Ground Ambulance.</p>	<p>You pay a \$95 copay for Worldwide Emergency Services.</p> <p>\$50,000 annual limit combined with Worldwide Urgent Care and Worldwide Ground Ambulance.</p>

Cost	2022 (this year)	2023 (next year)
Worldwide Urgent Care	You pay a \$90 copay for Worldwide Urgent Care. \$50,000 annual limit combined with Worldwide Emergency Care and Worldwide Ground Ambulance.	You pay a \$95 copay for Worldwide Urgent Care. \$50,000 annual limit combined with Worldwide Emergency Care and Worldwide Ground Ambulance.
X-rays	You pay a \$35 copay for x-rays. Prior authorization is required.	You pay a \$15 copay for x-rays. Prior authorization is required.

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in ConnectiCare Choice Plan 2 (HMO)

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our ConnectiCare Choice Plan 2 (HMO).

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- --OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, there may be a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (SHIP) (see Section 4), or call Medicare (see Section 6.2).

As a reminder, ConnectiCare, Inc. offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from ConnectiCare Choice Plan 2 (HMO).
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from ConnectiCare Choice Plan 2 (HMO).
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
 - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 3 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 4 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Connecticut, the SHIP is called **CHOICES** (Connecticut’s program for **H**ealth insurance assistance, **O**utreach, **I**nformation and referral, **C**ounseling, **E**ligibility Screening).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. CHOICES counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call CHOICES at 1-800-994-9422. You can learn more about CHOICES by visiting their website (www.ct.gov/agingservices).

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **What if you have coverage from an AIDS Drug Assistance Program (ADAP)?** The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Connecticut AIDS Drug Assistance Program (CADAP). **Note:** To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number. For more information, call CADAP at 1-800-424-3310.

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call CADAP at 1-800-424-3310.

SECTION 6 Questions?

Section 6.1 – Getting Help from ConnectiCare Choice Plan 2 (HMO)

Questions? We’re here to help. Please call Member Services at 1-800-224-2273 (TTY only, call 711). We are available for phone calls 8 am to 8 pm, 7 days a week. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the 2023 *Evidence of Coverage* for ConnectiCare Choice Plan 2 (HMO). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at connecticare.com/medicare. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Visit Our Website

You can also visit our website at connecticare.com/medicare. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.