



## Proton Pump Inhibitor: Q & A

OTC= Over-the-counter, No prescription required

### 1. Why should I consider using:

- Prilosec OTC
  - Prevacid OTC
  - Zegerid OTC
  - Omeprazole (generic Prilosec)
  - Lansoprazole (generic Prevacid)
  - Pantoprazole (generic Protonix)
- For most people, these drugs provide similar relief from acid-related symptoms when compared to other alternatives (i.e. Aciphex, Nexium, Prevacid Rx, Zegerid Rx, brand name Protonix, brand name Prilosec Rx, and Dexilant) in this drug category.

### 2. What do I need to do?

- If your doctor has prescribed:
  - Aciphex
  - Nexium
  - Prevacid/ Rx
  - Zegerid Rx
  - Brand name Protonix
  - Brand name Prilosec
  - Dexilant
- Call your doctor to request a prescription for anyone of the OTC PPI's, Lansoprazole or Pantoprazole. Or, you can also ask your pharmacist to call your doctor to obtain a prescription.
  - ConnectiCare will cover prescriptions for 42 tablets (a standard package) of any of the OTC PPI's, in place of the 30 tablets for the traditional supply--that's 12 extra tablets at no additional cost to you.

### 3. I use mail order, what should I do?

- If your doctor has prescribed:
  - Aciphex
  - Nexium
  - Prevacid/ Rx
  - Zegerid Rx
  - Brand name Protonix
  - Brand name Prilosec
  - Dexilant
- Call your doctor to request a prescription for anyone of the OTC PPI's, Lansoprazole or Pantoprazole. ConnectiCare will cover prescriptions for 42 tablets per month of any of the OTC PPI's, versus 30 tablets per month for the traditional supply--that's 12 extra tablets per month at no additional cost to you.
  - Forward the appropriate form, along with your prescription, to Express Scripts for normal processing. Be sure to allow time for delivery, usually 14 days.

**4. Why do I need a prescription for a drug I can purchase without a prescription?**

- In order for Prilosec OTC, Prevacid OTC or Zegerid OTC to be covered we require a prescription be presented at the pharmacy.
- Your pharmacist will fill the prescription for any of these OTC PPI's just as all other prescriptions are filled.

**5. I have used many of the PPI's in the past and none of them worked. What should I do?**

- Have your doctor fax ConnectiCare office notes documenting which of these drugs you have used in the past.
- ConnectiCare will review the request and notify you and your doctor of our decision.