

PHARMACY PRE-AUTHORIZATION CRITERIA



DRUG (S)	Odactra (house dust mite allergen extract)
POLICY #	12129
INDICATIONS	Odactra is an allergen extract indicated for adults 18 to 65 years of age, as immunotherapy for the treatment of house dust mite-induced allergic rhinitis, with or without conjunctivitis, confirmed by in vitro testing for IgE antibodies to <i>Dermatophagoides farinae</i> or <i>Dermatophagoides pteronyssinus</i> house dust mites, or skin testing to licensed house dust mite allergen extracts.
CRITERIA	<p>ConnectiCare considers Odactra to be medically necessary for patients who meet all of the following criteria:</p> <ul style="list-style-type: none"> • Medication is prescribed by an allergy specialist (allergist, immunologist, or pulmonologist) • Patient is 18 to 65 years of age • Patient has clinically documented allergic rhinitis with or without conjunctivitis • Diagnosis has been confirmed by a positive skin test or in vitro testing for house dust mite-specific IgE antibodies • Patient must have at least one nasal corticosteroids for allergic rhinitis that has been ineffective, not tolerated, or contraindicated (e.g. fluticasone) • Patient must have at least one other oral medication for allergic rhinitis that has been ineffective, not tolerated, or contraindicated (e.g. loratadine, desloratadine, fexofenadine, levocetirizine, cetirizine, montelukast)
LIMITATIONS	<p>If the above criteria are met approval will be granted for up 12 weeks. Subsequent approval will be based on current progress notes from the physician documenting efficacy.</p> <p>Odactra is contraindicated in the following:</p> <ol style="list-style-type: none"> 1. Severe, unstable, or uncontrolled asthma 2. History of any severe systemic allergic reaction or any severe local reaction to sublingual allergen immunotherapy 3. History of eosinophilic esophagitis
REFERENCES	<ol style="list-style-type: none"> 1. Odactra [package insert]. Whitehouse Station, NJ: Merck & Co, Inc; April 2017.
P&T REVIEW HISTORY	5/18, 5/19
REVISION RECORD	5/18, 5/19