# Commercial/Healthcare Exchange PA Criteria

***Effective: November 11, 2020***

***Prior Authorization:*** Zelnorm

***Products Affected:*** Zelnorm (tegaserod) tablets

***Medication Description:*** Tegaserod is an agonist of serotonin type-4 (5-HT4) receptors that stimulates the peristaltic reflex and intestinal secretion, inhibits visceral sensitivity, enhances basal motor activity, and normalizes impaired motility throughout the gastrointestinal tract.

***Covered Uses:*** Treatment of adult women less than 65 years of age with irritable bowel syndrome with constipation (IBS-C).

***Exclusion Criteria:***

1. Patients with a history of myocardial infarction (MI), stroke, transient ischemic attack (TIA), or angina
2. Patients with a history of ischemic colitis or other forms of intestinal ischemia
3. Severe renal impairment (eGFR< 15 mL/min/1.73 m2) or end-stage renal disease
4. Moderate and severe hepatic impairment (Child-Pugh B or C)
5. Patients with a history of bowel obstruction, symptomatic gallbladder disease, suspected sphincter of Oddi dysfunction, or abdominal adhesions
6. Hypersensitivity to tegaserod

***Required Medical Information:***

1. Diagnosis
2. Previous therapies tried and failed

***Age Restrictions:*** Patients age ≥ 18 years and < 65 years

***Prescriber Restrictions:*** N/A

***Coverage Duration:*** 12 months

***Other Criteria:***

**Irritable bowel syndrome with constipation (IBS-C)**

A) Patient has a diagnosis of irritable bowel syndrome with constipation (IBS-C); **AND**
B) Patient has tried and failed treatment with Linzess AND Trulance

***References:***


1. Zelnorm™ tablets, for oral use [prescribing information]. Louisville, KY: Sloan Pharma; March 2019.
2. Zelnorm. Micromedex Solutions. Truven Health Analytics, Inc. Ann Arbor, MI. Available at: http://www.micromedexsolutions.com. Accessed 21 Oct 2020.

***Policy Revision history***

| Rev # | Type of Change | Summary of Change | Sections Affected | Date |
|---|---|---|---|---|
| 1 | New Policy | New Policy | All | 10/21/20 |
| 2 | Update | Removed trial with Amitiza<br>Replaced Amitiza Trial with trulance trial | Other criteria | 1/1/2021 |